PRESCRIBED SOURCES BOOKLET

- It is expected that learners will be familiar with the sources in this booklet and will have studied sources from elsewhere relevant to the topic studied.
LATIN LITERATURE AND CULTURE:
Prescribed Sources Booklet

A. The Romans in Britain

1. Roman Army
   _Camp layout, life in camp including training_

2. Roman Roads
   _Construction, principal routes across Britain_

3. Roman Villas
   _Villa buildings, the villa estate_

4. Roman Bath
   _Layout of the bath complex, links with religion_

B. Entertainment

1. The Amphitheatre
   _In Pompeii, the Colosseum, types of Gladiators_

2. The Theatre at Pompeii
   _Scenery and props, actors, plays_

3. The Circus Maximus and Chariot Racing
   _The structure, charioteers and races_

4. Dinner parties
   _The triclinium, entertainment at dinner_

C. Myths and Beliefs

1. Roman Gods
   _Jupiter, Juno, Mars, Venus, Neptune, Minerva, Apollo, Diana, Vulcan, Vesta, Pluto, Mercury and their roles_

2. State religion
   _Temple of Jupiter in Pompeii, sacrifices_

3. Beliefs in the after-life
   _Tombs in Pompeii, beliefs about life after death_

4. Aeneas, Romulus and Remus
   _The exile from Troy, visit to the underworld, Romulus and Remus found Rome_
A. The Romans in Britain

1. Roman Army

(i) Typical Roman Fort

![Diagram of a typical Roman fort]

(ii) The barrack block at Chesters, Northumberland

![Photo of the barrack block at Chesters, Northumberland]
So, at the beginning of training, recruits must be taught the military step. For nothing needs to be preserved more on the march or in the battle line than that all soldiers keep in order as they march. This can only be achieved if they learn by constant practice to walk quickly and in step. For an army with broken lines or lacking formation always faces the most serious danger from the enemy… Younger recruits must be accustomed above all to running, so that they can charge the enemy with greater momentum, and quickly seize advantageous positions, when this is needed, or seize them before the enemy if they want to do the same…

The recruit must be trained for jumping, by which ditches are jumped over or some high obstacle can be overcome, so that, whenever this sort of difficulty occurs, they can cross over without trouble…

Every recruit alike must learn how to swim in the summer months. For it is not always possible to cross rivers by a bridge: an army is often forced to swim both when retreating and when in pursuit. Rivers often tend to overflow because of sudden rain or snow falls, and an inability to swim brings danger not only from the enemy but also from the water itself…

Shields were made from branches in the manner of wicker-work baskets, made round and covered, so that the structure had double the weight than was customary for an ordinary shield. They gave the recruits wooden dummies of double weight instead of swords.

Vegetius, extracts from *Epitoma rei militaris* 1. 9-11 (with omissions)

…OPTIONIS AD SPEM
ORDINIS LVCILI
INGENVI QVI
NAVFRAGIO PERIT
S[ITVS] E[ST]

…of an optio, awaiting promotion to centurion, serving in the century of Lucilius Ingenuus, who died in a shipwreck. .......... he lies.

A space was left for H (HIC) in case the body lost in the shipwreck was found for burial, but the letter was never added.

RIB 544, Chester
Here lies Rufus Sita, cavalryman in the sixth cohort of Thracians. He lived for 40 years and served for 22 years. His heirs had this set up, according to his will.

*RIB 121, Gloucester*

2. Roman Roads

(i) *Map of Roman Britain*
3. Roman Villas

(i) *Lockleys Villa*

First Roman building  c. 65 AD

Second Roman building  c. 150 AD  Additions

(ii) *Winged-corridor villa*

Winged-corridor villa
(iii) **North Leigh Villa**

[Diagram of North Leigh Villa with labels: Courtyard villa]
4. **Bath (Aquae Sulis)**

(i) In Britain are hot springs adorned with sumptuous splendour for the use of mortals. Minerva is patron goddess of these.

   Solinus, *The Wonders of the World*

(ii) *The Great Bath*
Extended Literature

(i) The climate is foul with frequent rains and mists, but there is no extreme cold. Their day is longer than in our part of the world. The night is bright and, in the furthest part of Britannia, so short that you can barely distinguish the evening from the morning twilight. If no clouds block the view, the sun’s glow, they say, can be seen all night long: it does not set and rise, but simply passes along the horizon. In fact, the flat ends of the earth cannot, with their low shadow, raise the darkness to any height; night therefore fails to reach the sky and its stars.

The soil is productive of crops, except for olives, grapes and other natives of warmer climes, and rich in cattle. Crops are slow to ripen, but quick to grow - both facts due to one and the same cause, the abundant moisture of land and sky. Britannia yields gold, silver and other metals, a reward for victory. The Ocean, too, produces pearls, but they are dusky and mottled. Some think that those who gather them lack skill. Whereas in the Red Sea they are torn alive and breathing from the rocks, in Britannia they are collected as the sea throws them up. I find more plausible a lack of quality in pearls than of greed in us.

The Britanni themselves readily submit to the levy, the tribute and the other obligations of empire, provided that there is no abuse. That they bitterly resent, for they have been broken in to obedience, not to slavery. Divus Julius, the first Roman to enter Britannia with an army, did indeed intimidate the natives by a victory and gained control of the coast, but he can be said to have pointed it out, not handed it over, to posterity. Then came the civil wars, with the weapons of Roman leaders turned against the commonwealth. But even in peace, Britannia was long out of mind. Divus Augustus called this 'policy', Tiberius 'precedent'. Gaius Caesar unquestionably planned an invasion of Britannia, but his quick fancies shifted like a weathervane, and his vast efforts against Germania came to naught. It was Divus Claudius who was responsible for the great undertaking: he sent over legions and auxiliaries and chose Vespasian as his colleague - the first step towards his future greatness. Nations were subdued, kings were captured and Vespasian was marked out by fate.

Aulus Plautius was the first consular to be appointed governor, and soon after him came Ostorius Scapula – both men with distinguished military records. The nearest parts of Britannia were gradually shaped into a province, and moreover a colony of veterans was founded. Certain states were presented to King Togidumnus, who maintained his unswerving loyalty down to our own times - an example of the long-established Roman custom of employing even kings to make others slaves. Didius Gallus, the next governor, held on to what his predecessors had won, and even pushed a few forts into more advanced positions, so that he could boast of having extended his sphere of duty. Veranius succeeded Didius, only to die within the year. After him, Suetonius Paulinus enjoyed two years of success, conquering tribes and strengthening garrisons. Emboldened thereby to attack the island of Mona, on the grounds that it was feeding native resistance, he exposed himself to attack in the rear.

For the Britanni, freed from fear by the absence of the legate, began to discuss the woes of slavery, to compare their wrongs and sharpen their sting in the telling. ‘We gain nothing by submission except heavier burdens for shoulders shown to be willing. Once we had one king at a time, now two are clamped on us - the legate to wreak his fury on our lives, the procurator on our property. We subjects are damned in either case, whether our masters quarrel or agree. Their gangs, the centurions of the one
and the slaves of the other, mingle violence and insult. Nothing now is safe from their greed, nothing safe from their lust. In battle it is the braver who takes the spoil; as things stand with us, it is mostly cowards and shirkers who rob our homes, kidnap our children and conscript our men, as though it were only for our country that we know not how to die. But what a mere handful our invaders are, if we Britanni reckon up our own numbers! The Germani, reckoning so, threw off the yoke, and they had only a river, not the Ocean, to shield them. We have country, wives and parents to fight for; the Romans have only greed and self-indulgence. They will withdraw, as Divus Julius withdrew, if only we can rival the valour of our fathers. We must not panic at the loss of a battle or two; success may foster a boldness in attack, but suffering gives power to endure. The gods themselves at last show mercy to us Britanni, by keeping the Roman general away and his army exiled in another island. For ourselves, we have already taken the most difficult step - we have begun to plan. And in undertakings like this it is more dangerous to be caught planning than to take the plunge.’

Goaded by such mutual encouragements, the whole island rose in arms under the command of Boudicca a woman of royal descent - for Britanni make no distinction of sex in the appointment of leaders. They hunted down the Roman troops in their scattered posts, stormed the forts and assaulted the colony itself, which they saw as the seat of their enslavement; nor did the angry victors deny themselves any of the savagery characteristic of barbarians. In fact, had not Paulinus, on heating of the revolt, hurriedly come to help, Britannia would have been lost. As it was, be restored it to its old obedience by a single successful action. But many rebels refused to lay down arms, conscious of their guilt and having a special dread of the legate. Fine officer though he was, they feared that he would abuse their surrender and punish with undue severity wrongs that he viewed as personal.

Petronius Turpilianus was thus sent out in his place, as someone more merciful and readier to forgive offences to which he was a stranger. He pacified the previous troubles, but risked no further move before handing over his province to Trebellius Maximus. Trebellius, a bit lazy and lacking military experience, maintained his province by an affable administration. The barbarians now learned like us to condone seductive vices, while the intervention of the civil wars gave a reasonable excuse for inactivity. There was, however, some serious trouble with mutiny, for the troops, accustomed to campaigns, ran riot in peace. Trebellius fled and hid to escape his angry army. Dishonoured and despised, he soon returned to command on sufferance; by a kind of tacit bargain the troops retained their licence, the general his life, and the mutiny stopped short of bloodshed. Vettius Bolanus, likewise, as the civil wars still ran their course, declined to disturb Britannia by enforcing discipline. There was the same lack of action in face of the foe, the same indiscipline in the camp – only Bolanus was a decent man, with no misdeeds to make him hated, and had won affection where he lacked authority.

Tacitus, Agricola 12–16
The size and the number of parts should be fitted to the villa as a whole, and should be divided into three parts, the landlord’s living quarters, the farmhouse, and the storehouse. The living quarters should in turn be divided into the winter and summer rooms in such a way that the winter bedrooms face the sunrise at the winter solstice, and the winter dining rooms face the sunset at the equinox. Again, the summer bedrooms should face south at the equinox, but the dining rooms of the same season should face the rising sun in the winter. The baths should face sunset in summer, so that they have the light in the afternoon up until evening. Walking areas should be exposed to the midday sun at the equinox, so that they get most sun in winter and least in summer. In the farmhouse will be placed a large, high kitchen, so that the rafters will not be in danger of fire, and so that the household of slaves can conveniently pass time there at every time of the year. For slaves who are not chained, sleeping quarters will be best built facing the midday sun at the equinox. For those who are chained, there will be an underground prison, as healthy as possible, lighted through narrow windows which are far enough above the ground that they cannot be reached by hands.

For cattle there should be cattle sheds that will not be attacked by cold or heat; for tamed animals there should be double stalls, for winter and summer; for the other animals, which need to be kept inside the villa, there should be places partly roofed, partly open to the sky, fenced round with high walls, so that they can rest without being attacked by wild beasts, in the covered areas in winter and in the open areas in summer. But the cattle sheds should be spacious and designed so that no water can flow in and so that water from the sheds will flow away as quickly as possible; this will prevent the foundations of the walls and the hooves of the cattle from rotting. The ox-stalls will need to be ten feet wide, or at least nine feet, a width which will give room for the animal to lie down and for the oxherd to move around the animals. The mangers will not be too high for an ox or a pack animal to be able to eat while standing without difficulty. The quarters for the foreman should be built next to the door, so that he can see who goes in and out, and quarters for the manager over the door for the same reasons. He however should keep a watch on the foreman from close at hand, and next to both of them should be the barn, into which all farm equipment can be collected, and inside the barn a locked room where iron implements can be stored.

For herdsmen and shepherds, rooms should be placed next to their herds and flocks, so that they can easily get out to look after them. However, they should all live as close to each other as possible, lest the diligence of the foreman, going around all the different places, be overstretched, and so that they might be witnesses of each other’s hard work or carelessness.

The storehouse is divided into rooms for oil, for presses, for wine, for boiling down must, hay lofts, chaff lofts, storerooms and granaries, so that those of them on the ground floor can accommodate liquid products for selling such as wine and oil, whilst dry products should be collected in lofts, such as grain, hay, leaves, chaff and other fodder. But granaries, as I have said, should be accessible by ladders and should be ventilated by small windows facing north. For that aspect is most cold and least wet, both of which help to preserve stored grain. The same principle applies on the ground floor to the placing of the wine room. This should be a long way from the baths, oven, manure and other dirty places which give off a foul smell, and equally from cisterns and springs, from which moisture is given off which spoils wine.

Columella, 1.6.1–11: extracts from On Agriculture; The villa
B. Entertainment

The following should be studied with reference to Roman Italy.

1. The Amphitheatre

(i) Amphitheatre at Pompeii
To Amabilis, a light-armed gladiator, born a Dacian, a man of 13 fights, cheated by Fate, not by man.

*ILS 5111, Dalmatia*
(iv)  *The helmet of a murmillo*

(v)  *A venator*
But what was the beauty which inflamed Eppia, what was the youthfulness which captivated her? What did she see in him so that she put up with being called a gladiator’s mistress? For her pretty Sergius had already begun to shave and to look forward to a rest thanks to the wound in his arm. Besides, many things about his face were ugly, such as a place rubbed sore by his helmet, a huge growth right on his nose, and a nasty discharge from a constantly running eye. But he was a gladiator. This turns them into Hyacinthuses. This she preferred to her children and her country, this to her sister and her husband. It’s steel that they love. This same Sergius, once he retired, would have begun to look like Veiento.

Juvenal Satires 6 103-113

2. The Theatre at Pompeii

(i) Large Theatre, Pompeii
(ii) Characters from Plautus

(a) The miser Euclio:
*The Pot of Gold*, lines 303–313

Strobilus: ... he ties a bag over his mouth at night to avoid losing his breath

... he grudges throwing away his washing water.

... he wouldn't give you starvation if you asked for it!

He even hoards up his own nail-clippings!

(b) The parasite:
*The Brothers Menaechmus*, lines 221–223

Cylindrus: What sort of three?

Erotium: Myself, Menaechmus and his parasite.

Cylindrus: Then that makes ten! I count the parasite as good as eight.

3. The Circus Maximus and Chariot Racing

(i) Depiction of the Circus Maximus
(ii) Charioteer, Ostia

To the spirits of the departed. Epaphroditus, charioteer of the Red faction, won 178 times and with the Purples as a freedman he won 8 times. Beia Felicula made this for her well-deserving husband.

*ILS 5282*, Rome
(iv) I am not sitting here because I am interested in thoroughbred horses (though I hope that the one you support will win): I came to talk with you and to sit with you, so that the love you cause should not be unknown to you. You look at the races, I look at you: let’s each of us look at what we like and each feast our eyes. O lucky horse rider, whoever it is you support! So has he had the good luck to interest you? If only I could have that luck, if only they were my horses released from the gate! Now I shall press on eagerly, now I shall slacken the reins, now I shall mark their backs with the whip, now I shall graze the turning-post with my inner wheel: if I catch sight of you as I speed by, I shall slow down, and the reins will go slack and drop from my hands...

‘Why do you edge away from me? It’s no good, the seat boundary forces us together – a great advantage this in the rules of the Circus. But you, whoever you are, on her right, get away from my girl: she doesn’t like you pressing against her. You too, behind us, pull in your legs, if you have any manners, and stop digging your knobbly knees into her back. But your dress is hanging down loose, it’s on the ground: gather it up, or, look, I’m lifting it myself. You were a jealous dress, to be covering such good legs: the more you look - you were a jealous dress! … Even before I saw these legs I was on fire; what effect will the real thing have on me? You pour fire on fire, water into the sea. From your legs I guess that I might like the rest of you, which lies well hidden beneath your delicate clothing. Meanwhile would you like me to summon gentle breezes, by waving the programme? Or does this heat come from my heart, not from the air, and is it the love of a woman that burns my captive breast?

‘As I speak, your white dress has been sprinkled lightly with dust: filthy dust, leave her snow-white body! But now the procession comes. Silence! Pay attention! It is the time to clap: the golden procession comes. First comes Victory, with wings spread wide: come to me, goddess, and bring victory to my love. Now clap Neptune, you who put your trust, too much, in the waves. I have nothing to do with the sea, I’m happy with land. Soldiers, clap Mars: I hate fighting. What I like is peace and the love that is found in the midst of peace. Let Phoebus come to augurs, let Phoebe come to hunters. Minerva, welcome the applause of craftsmen. Country-dwellers, rise up to honour Ceres and young Bacchus. Let boxers appease Pollux, and horsemen appease Castor. As for me, I clap you, beguiling Venus, and your Cupids, powerful with their bows. Nod with favour, goddess, on my enterprise, give my new mistress this thought – let her allow herself to be loved. She nodded, and with the gesture she gave the sign of her favour! What the goddess has promised, I ask that you should promise yourself. May Venus permit me to say it – you will be the greater goddess. I swear to you by all these witnesses and the procession of the gods, that you are the mistress whom I have sought to be mine for ever. But your legs are dangling: if you like, you can rest your toes on the rail.

‘Now is the great event, the Circus is cleared, the praetor has released the four-horse chariots at the starting line. I see the team you support. Whoever you favour will win. The horses themselves seem to know what you want. Oh no! He has driven too wide around the post. What are you doing? The next man is right behind you. What are you doing, you wretch? You are wrecking the hope of my girl; please, pull strongly on the left reins. We’ve backed a loser. But call them back, Romans, give the sign! Flap your togas everyone! Look, they are calling them back! Now, to prevent the togas disturbing your hair, you can hide yourself in my toga’s folds.

‘Now the doors are open again, the horses are released, the multi-coloured line flies out. Be the winner now, at least, and make for the clear field. Bring my prayers, bring the prayers of my mistress to fulfilment. The prayers of my mistress are fulfilled, my prayers still wait. He holds the palm, my palm is still to be won. She laughed and promised something with her bright eyes. That’s enough for here; give me the rest elsewhere!’

Ovid, Amores 3.2
4. Dinner parties

(i) As Trimalchio said this, the reciters gave a loud shout, the servants made a lane, and a calf was brought in on a two-hundred pound plate: it was boiled whole and wearing a helmet. Following it came Ajax, slashing at the calf with a drawn sword like a madman. After rhythmically cutting and slicing, he collected the pieces on the point and shared them among the surprised guests.

But we were not given long to admire these elegant turns, for all of a sudden, the coffered ceiling began rumbling and the whole dining-room shook. I leapt to my feet in panic, as I was afraid some acrobat was coming down through the roof. The other guests also looked up to see what strange visitation this announced. Would you believe it – the panels opened and suddenly an enormous hoop was let down, with gold crowns and alabaster jars of toilet cream hanging from it. While we were being told to accept these as presents, I looked at the table ... Already there was a tray of cakes in position, ... Every single cake ... needed only the slightest touch for a cloud of saffron to start pouring out and the irritating vapour to come right in our faces ... .

While all this was going on, three boys in white tunics came in. Two of them set down on the table the household deities, which had amulets round their necks; the other, carrying round a bowl of wine, kept shouting: ‘God save all here!’ Our host said that one of the gods was called Cobbler, the second Luck, and the third Lucre. There was also a golden image of Trimalchio himself, and as all the others were pressing their lips to it we felt too embarrassed not to do the same.

After we had all wished each other health and happiness, Trimalchio looked at Niceros and said:

‘You used to be better company at a party. You’re keeping very quiet nowadays: you don’t say a word - I don’t know why. Do me a favour to please me. Tell us about that adventure you had.’

Niceros was delighted by his friend’s affable request and said:

‘May I never make another penny if I’m not jumping for joy to see you in such form. Well, just for fun - though I’m worried about those schoolteachers there in case they laugh at me. That’s up to them. I’ll tell it all the same. Anyway, what do I care who laughs at me. It’s better to be laughed at than laughed down.’

When he had said this, he began this story:

‘When I was still a slave, we were living down a narrow street-Gavilla owns the house now - and there as heaven would have it, I fell in love with the wife of Terentius the innkeeper.’. ‘You all used to know Melissa from Tarentum, ... she had-such a nice nature. If I asked her for anything, it was never refused. If I had a penny or halfpenny, I gave it to her to look after and she never let me down.

‘One day her husband died out at the villa. So I did my best by hook or by crook to get to her. After all, you know, a friend in need is a friend indeed. ‘Luckily the master had gone off to Capua to look after some odds and ends. I seized my chance and I talked a guest of ours into walking with me as far as the fifth milestone. He was a soldier as it happened, and as brave as hell. About cock-crow we set off, and the moon was shining like noontime. We get to where the tombs are and my chap starts making for the grave-stones, while I, singing away, keep going and start counting the stars. Then just as I looked back at my mate, he stripped off and laid all his clothes by the side of the road. My heart was in my
mouth, I stood there like a corpse. Anyway, he ... suddenly turned into a wolf. Don’t think I’m joking, I wouldn’t tell a lie about this for a fortune. However, as I began to say, after he turned into a wolf, he started howling and rushed off into the woods. ‘At first I didn’t know where I was, then I went up to collect his clothes - but they’d turned to stone. If ever a man was dead with fright, it was me. But I pulled out my sword, and I fairly slaughtered the early morning shadows till I arrived at my girl’s villa.

‘I got into the house and I practically gasped my last, the sweat was pouring down my leg, my eyes were blank and staring - I could hardly get over it. It came as a surprise to my poor Melissa to find I’d walked over so late. “If you’d come a bit earlier,” she said, “at least you could’ve helped us. A wolf got into the grounds and tore into all the livestock - it was like a shambles. But he didn’t have the last laugh, even though he got away. Our slave here put a spear right through his neck”

‘I couldn’t close my eyes again after I heard this. But when it was broad daylight I rushed off home like the innkeeper after the robbery. And when I came to the spot where his clothes had turned to stone, I found nothing but bloodstains. However, when I got home, my soldier friend was lying in bed like a great ox with the doctor seeing to his neck. I realized he was a werewolf and afterwards I couldn’t have taken a bite of bread in his company, not if you killed me for it. If some people think differently about this, that’s up to them. But me - if I’m telling a lie may all your guardian spirits damn me!

Everyone was struck with amazement. ‘I wouldn’t disbelieve a word,’ said Trimalchio. ‘Honestly, the way my hair stood on end - because I know Niceros doesn’t go in for jokes. He’s really reliable and never exaggerates.’ Now I’ll tell you a horrible story myself. A real donkey on the roof! When I was still in long hair (you see, I led a very soft life from my boyhood) the master’s favourite slave died. He was ... one of the best. Well, his poor mother was crying over him and the rest of us were deep in depression, when the witches suddenly started howling - you’d think it was a dog after a hare.’ At that time we had a Cappadocian chap, tall and a very brave old thing, quite the strong man - he could lift an angry ox. This fellow rushed outside with a drawn sword, first wrapping his left hand up very carefully, and he stabbed one of the women right through the middle, just about here - may no harm come to where I’m touching! We heard a groan but - naturally I’m not lying - we didn’t see the things themselves. Our big fellow, however, once he was back inside, threw himself on his bed. His whole body was black and blue, as though he’d been whipped. The evil hand, you see, had been put on him. ‘We closed the door and went back to what we had to do, but as the mother puts her arms round her son’s body, she touches it and finds it’s only a handful of straw. It had no heart, no inside, no anything. Of course the witches had already stolen the boy and put a straw baby in its place.

‘I put it to you, you can’t get away from it - there are such things as women with special powers and midnight hags that can turn everything upside down. But that great tall fellow of ours never got his colour back after what happened. In fact, not many days later, he went crazy and died.’

Equally thrilled and convinced, we kissed the table and asked the midnight hags to stay at home till we got back from dinner.

Petronius, Satyricon 59-63
C. Myths and Beliefs

1. Roman Gods

(i) Six couches were put out in public; one for Jupiter and Juno, another for Neptune and Minerva, a third for Mars and Venus, a fourth for Apollo and Diana, a fifth for Vulcan and Vesta, and the sixth for Mercury and Ceres.

Livy, *Ad Urbe Condita* 22.10.9

(ii) *Jupiter and Mercury visit an old couple, Baucis and Philemon.*

Jupiter once came here, disguised as a mortal, and with him His son, the messenger Mercury, wand and wings set aside, Looking for shelter and rest, they called at a thousand homesteads A thousand doors were bolted against them. One house, however Did make them welcome, a humble abode with a roof of straw And marsh reed, one that knew its duty to gods and men.

Ovid *Metamorphoses* 8 626–631

(iii) *Gilt bronze head of Minerva*
2. State Religion

(i) Temple of Jupiter, Pompeii
(ii) The Emperor Marcus Aurelius makes a sacrifice
3. Beliefs in the afterlife

(i) Tombs, Pompeii
(ii) Honour is given to tombs as well. Placate the souls of your fathers and bring small gifts to the pyres after they have died down. The dead want only small gifts, piety pleases them more than a rich gift: the gods in the depths of the Styx are not greedy. A tile wreathed in garlands you offer is enough, along with sprinkled corn and a few grains of salt, and bread softened in wine and loose violets. Put these in the jar left in the middle of the road. I do not forbid larger gifts, but a ghost can be placated even by these. Add prayers and appropriate words at the hearths you have set up. This was the custom which Aeneas, fit source of piety, brought to your lands, righteous Latinus. He used to bring solemn gifts to the spirit of his father; from this the peoples learned the pious rites. But once upon time, while they waged long wars with fighting weapons, they abandoned the Parental Days. This did not go unpunished; for it is said that it was from that omen that Rome grew hot with the pyres of the dead outside the city. In fact I scarcely believe this: they say that our ancestors came out of their graves and uttered groans during the silent night, and they say that through the city streets and the wide fields howled ugly spirits, a ghostly crowd. After that, the honours they had neglected were given to the tombs, and the prodigies and funerals came to an end.

Ovid *Fasti* 2.533-570

(iii)

CARA MEIS VIXI VIRGO VITAM REDDIDI
MORTVA HIC SVM CINIS IS CINIS TERRA [E]ST
SIN EST TERRA DEA EGO SVM DEA MORTVA NON SVM
ROGO TE HOSPES NOLI OSSA MEA VIOLARE
MVS VIXIT ANNOS XIII

I lived, dear to my parents. As a young girl I gave up my life. Here I am, dead. I am ash. The ash is earth. But if earth is a goddess, I am a goddess. I am not dead. I ask you, stranger, do not disturb my bones. Mus (= Mouse) lived 13 years.

*CIL* 6. 35887, Rome
4. Aeneas, Romulus and Remus

(i) Yet destiny wouldn’t allow Troy’s hopes to be overturned
Along with her walls. Aeneas, the hero whose mother was Venus,
Rescued his household gods and through the flames on his shoulders
He carried a burden as sacred, his venerable father Anchises.
These with his own dear son Ascanius formed the spoil
Which Aeneas the dutiful chose to salvage from all his possessions
Fleeing across the sea with his people in ships...

Ovid, *Metamorphoses* 13 623–628

(ii) Aeneas escapes from Troy (as depicted by Bernini, the early 1600s AD)
A she-wolf looks after Romulus and Remus

They walked in the darkness of that lonely night with shadows all about them, through the empty halls of Dis and his desolate kingdom, as men walk in a wood by the sinister light of a fitful moon when Jupiter has buried the sky in shade and black night has robbed all things of their colour. Before the entrance hall of Orcus, in the very throat of hell, Grief and Revenge have made their beds and Old Age lives there in despair, with white faced Diseases and Fear and Hunger, corrupter of men, and squalid Poverty, things dreadful to look upon, and Death and Drudgery besides.

…

Here too are all manner of monstrous beasts, Centaurs stabling inside the gate, Scyllas- half dogs, half women - Briareus with his hundred heads, the Hydra of Lerna hissing fiercely, the Chimaera armed in fire, Gorgons and Harpies and the triple phantom of Geryon. Now Aeneas drew his sword in sudden alarm to meet them with naked steel as they came at him, and if his wise companion had not warned him that this was the fluttering of disembodied spirits, a mere semblance of living substance, he would have rushed upon them and parted empty shadows with steel.

Here begins the road that leads to the rolling waters of Acheron, the river of Tartarus. Here is a vast quagmire of boiling whirlpools which belches sand and slime into Cocytus, and these are the rivers and waters guarded by the terrible Charon in his filthy rags. On his chin there grows a thick grey beard, never trimmed. His glaring eyes are lit with fire and a foul cloak hangs from a knot at his shoulder. With his own hands he plies the pole and sees to the sails as he ferries the dead in a boat the colour of burnt iron. He is no longer young but, being a god, enjoys rude strength and a green
old age. The whole throng of the dead was rushing to this part of the bank, mothers, men, great-hearted heroes whose lives were ended, boys, unmarried girls and young men laid on the pyre before the faces of their parents, as many as are the leaves that fall in the forest at the first chill of autumn, as many as the birds that flock to land from deep ocean when the cold season of the year drives them over the sea to lands bathed in sun. There they stood begging to be allowed to be the first to cross and stretching out their arms in longing for the further shore. But the grim boatman takes some here and some there, and others he pushes away far back from the sandy shore.

...  

‘The throng you see on this side are the helpless souls of the unburied. The ferryman there is Charon. Those sailing the waters of the Styx have all been buried. No man may be ferried from fearful bank to fearful bank of this roaring current until his bones are laid to rest. Instead they wander for a hundred years, fluttering round these shores until they are at last allowed to return to the pools they have so longed for.’

*Aeneas and the Sibyl sail across the river Styx to the bank opposite*

The kingdom on this side resounded with barking from the three throats of the huge monster Cerberus lying in a cave in front of them. When the priestess was close enough to see the snakes writhing on his neck, she threw him a honey cake steeped in soporific drugs. He opened his three jaws, each of them rabid with hunger, and snapped it up where it fell. The massive back relaxed and he sprawled full length on the ground, filling his cave. The sentry now sunk in sleep, Aeneas leapt to take command of the entrance and was soon free of the bank of that river which no man may recross...

*Aeneas has met his companion Deiphobus in the underworld*

The Sibyl gave her warning in few words: ‘Night is running quickly by, Aeneas, and we waste the hours in weeping. This is where the way divides. On the right it leads up to the walls of great Dis. This is the road we take for Elysium. On the left is the road of punishment for evil-doers, leading to Tartarus, the place of the damned.’

‘There is no need for anger, great priestess,’ replied Deiphobus. ‘I shall go to take my place among the dead and return to darkness. Go, Aeneas, go, great glory of our Troy, and enjoy a better fate than mine.’ These were his only words, and as he spoke he turned on his heel and strode away.

Aeneas looked back suddenly and saw under a cliff on his left a broad city encircled by a triple wall and washed all round by Phlegethon, one of the rivers of Tartarus, a torrent of fire and flame, rolling and grinding great boulders in its current. There before him stood a huge gate with columns of solid adamant so strong that neither the violence of men nor of the heavenly gods themselves could ever uproot them in war, and an iron tower rose into the air where Tisiphone sat with her blood-soaked dress girt up, guarding the entrance and never sleeping, night or day. They could hear the groans from the city, the cruel crack of the lash, the dragging and clanking of iron chains.

...
They entered the land of joy, the lovely glades of the fortunate woods and the home of the blest. Here a broader sky clothes the plains in glowing light, and the spirits have their own sun and their own stars. Some take exercise on grassy wrestling-grounds and hold athletic contests and wrestling bouts on the golden sand. Others pound the earth with dancing feet and sing their songs while Orpheus, the priest of Thrace, accompanies their measures on his seven-stringed lyre, plucking the notes sometimes with his fingers, sometimes with his ivory plectrum.

... 

Father Anchises was deep in a green valley, walking among the souls who were enclosed there and eagerly surveying them as they waited to rise into the upper light. It so happened that at that moment he was counting the number of his people, reviewing his dear descendants, their fates and their fortunes, their characters and their courage in war. When he saw Aeneas coming towards him over the grass, he stretched out both hands in eager welcome, with the tears streaming down his cheeks, and these were the words that broke from his mouth: 'You have come at last,' he cried. 'I knew your devotion would prevail over all the rigour of the journey and bring you to your father.

...

And now Aeneas saw in a side valley a secluded grove with copses of rustling trees where the river Lethe glided along past peaceful dwelling houses. Around it fluttered numberless races and tribes of men, like bees in a meadow on a clear summer day, settling on all the many-coloured flowers and crowding round the gleaming white lilies while the whole plain is loud with their buzzing. Not understanding what he saw, Aeneas shuddered at the sudden sight of them and asked why this was, what was that river in the distance and who were all those companies of men crowding its banks.

'These are the souls to whom Fate owes a second body,' replied Anchises. 'They come to the waves of the river Lethe and drink the waters of serenity and draughts of long oblivion. I have long been eager to tell you who they are, to show them to you face to face and count the generations of my people to you so that you could rejoice the more with me ...

Extracts from Virgil, Aeneid, 6.268f
They began to build a settlement, which Aeneas named Lavinium after his wife Lavinia. A child was soon born of the marriage: a boy, who was given the name Ascanius.

The Trojans and the Latins were soon jointly involved in war. Turnus, prince of the Rutuli, to whom Latinus's daughter Lavinia had been pledged before Aeneas's arrival, angered by the insult of having to step down in favour of a stranger, attacked the combined forces of Aeneas and Latinus. Both sides suffered in the subsequent struggle: the Rutuli were defeated, but the victors lost their leader Latinus. Turnus and his people, in their anxiety for the future, then looked for help to Mezentius, king of the rich and powerful Etruscans, whose seat of government was at Caere, at that time a wealthy town. Mezentius needed little persuasion to join the Rutuli, as from the outset he had been far from pleased by the rise of the new settlement, and now felt that the Trojan power was growing much more rapidly than was safe for its neighbours.

In this dangerous situation Aeneas conferred the native name of Latins upon his own people; the sharing of a common name as well as a common polity would, he felt, strengthen the bond between the two peoples. As a result of this step the original settlers were no less loyal to their king Aeneas than were the Trojans themselves. Trojans and Latins were rapidly becoming one people, and this gave Aeneas confidence to make an active move against the Etruscans, in spite of their great strength. Etruria, indeed, had at this time both by sea and land filled the whole length of Italy from the Alps to the Sicilian strait with the noise of her name; none the less Aeneas refused to act on the defensive and marched out to meet the enemy. The Latins were victorious, and for Aeneas the battle was the last of his labours in this world. He lies buried on the river Numicus. Was he man or god? However it be, men call him Jupiter Indiges - the local Jove.

Aeneas's son Ascanius was still too young for a position of authority; Lavinia, however, was a woman of great character, and acted as regent until Ascanius came of age and was able to assume power as the successor of his father and grandfather. There is some doubt - and no one can pretend to certainty on something so deeply buried in the mists of time - about who precisely this Ascanius was. Was it the one I have been discussing, or was it an elder brother, the son of Creusa, who was born before the sack of Troy and was with Aeneas in his escape from the burning city - the Iulus, in fact, whom the Julian family claim as their eponym? It is at any rate certain that Aeneas was his father, and whatever the answer to the other question may be - it can be taken as a fact that he left Lavinium to found a new settlement. Lavinium was by then a populous and, for those days, a rich and flourishing town, and Ascanius left it in charge of his mother (or stepmother, if you will) and went off to found his new settlement on the Alban hills.

This town, strung out as it was along a ridge, was named Alba Longa. Its foundation took place about thirty years after that of Lavinium but the Latins had already grown so strong, especially since the defeat of the Etruscans, that neither Mezentius, the Etruscan king, nor any other neighbouring people dared to attack them, even when Aeneas died and the control of things passed temporarily into the hands of a woman, and Ascanius was still a child learning the elements of kingship. By the terms of the treaty between the Latins and Etruscans the river Albula (now the Tiber) became the boundary between the two territories.
Livy lists Ascanius’ descendants until he reaches Proca.

Proca, the next king, had two sons, Numitor and Amulius, to the elder of whom, Numitor, he left the hereditary realm of the Silvian family; that, at least, was his intention, but respect for seniority was flouted, the father’s will ignored and Amulius drove out his brother and seized the throne. One act of violence led to another; he proceeded to murder his brother’s male children, and made his niece, Rhea Silvia, a Vestal, ostensibly to do her honour, but actually by condemning her to perpetual virginity to exclude the possibility of issue. But (I must believe) it was already written in the book of fate that this great city of ours should arise, and the first steps be taken to the founding of the mightiest empire the world has known - next to God’s. The Vestal Virgin ... gave birth to twin boys. Mars, she declared, was their father - perhaps she believed it, perhaps she was merely hoping by the pretence to alleviate her guilt. Whatever the truth of the matter, neither gods nor men could save her or her babes from the savage hands of the king.

The mother was bound and flung into prison; the boys, by the king’s order, were condemned to be drowned in the river. Destiny, however, intervened; the Tiber had overflowed its banks; because of the flooded ground it was impossible to get to the actual river, and the men entrusted to do the deed thought that the flood-water, sluggish though it was, would serve their purpose. Accordingly they made shift to carry out the king’s orders by leaving the infants on the edge of the first flood-water they came to, at the spot where now stands the Ruminal fig-tree - said to have once been known as the fig-tree of Romulus. In those days the country thereabouts was all wild and uncultivated, and the story goes that when the basket in which the infants had been exposed was left high and dry by the receding water, a she-wolf, coming down from the neighbouring hills to quench her thirst, heard the children crying and made her way to where they were. She offered them her teats to suck and treated them with such gentleness that Faustulus, the king’s herdsman, found her licking them with her tongue. Faustulus took them to his hut and gave them to his wife Larentia to nurse. …

By the time they were grown boys, they employed themselves actively on the farm and with the flocks and began to go hunting in the woods; their strength grew with their resolution, until not content only with the chase they took to attacking robbers and sharing their stolen goods with their friends the shepherds. … Brigands, incensed at the loss of their ill-gotten gains, laid a trap for Romulus and Remus. Romulus successfully defended himself, but Remus was caught and handed over to Amulius. The brigands laid a complaint against their prisoner, the main charge being that he and his brother were in the habit of raiding Numitor’s land with an organized gang of ruffians and stealing the cattle. Thereupon Remus was handed over for punishment to Numitor. Now Faustulus had suspected all along that the boys he was bringing up were of royal blood. He knew that two infants had been exposed by the king’s orders, and the rescue of his own two fitted perfectly in point of time. Hitherto, however, he had been unwilling to declare what he knew, until either a suitable opportunity occurred or circumstances compelled him. Now the truth could no longer be concealed, so in his alarm he told Romulus the whole story; Numitor, too, when he had Remus in custody and was told that the brothers were twins, was set thinking about his grandsons; the young men’s age and character, so different from the lowly born, confirmed his suspicions; and further inquiries led him to the same conclusion, until he was on the point of acknowledging Remus. The net was closing in, and Romulus acted. He was not strong enough for open hostilities, so he instructed a number of the herdsmen to meet at the king’s house by different routes at a preordained time; this was done, and with the help of Remus, at the head of another body of men, the king was surprised and killed.
Before the first blows were struck, Numitor gave it out that an enemy had broken into the town and attacked the palace; he then drew off all the men of military age to garrison the inner fortress, and, as soon as he saw Romulus and Remus, their purpose accomplished, coming to congratulate him, be summoned a meeting of the people and laid the facts before it: Amulius’ crime against himself, the birth of his grandsons, and the circumstances attending it, how they were brought up and ultimately recognized, and, finally, the murder of the king for which he himself assumed responsibility. The two brothers marched through the crowd at the head of their men and saluted their grandfather asking, and by a shout of unanimous consent his royal title was confirmed. Romulus and Remus, after the control of Alba had passed to Numitor in the way I have described, were suddenly seized by an urge to found a new settlement on the spot where they had been left to drown as infants and had been subsequently brought up.

There was, in point of fact, already an excess of population at Alba, what with the Albans themselves, the Latins, and the addition of the herdsmen: enough, indeed, to justify the hope that Alba and Lavinium would one day be small places compared with the proposed new settlement. Unhappily the brothers’ plans for the future were marred by the same source which had divided their grandfather and Amulius - jealousy and ambition. A disgraceful quarrel arose from a matter in itself trivial. As the brothers were twins and all question of seniority was thereby precluded, they determined to ask the tutelary gods of the countryside to declare by augury which of them should govern the new town once it was founded, and give his name to it. For Palatine hill and Remus the Aventine as their respective stations from which to observe the auspices. Remus, the story goes, was the first to receive a sign - six vultures; and no sooner was this made known to the people than double the number of birds appeared to Romulus. The followers of each promptly saluted their master as king, one side basing its claim upon priority, the other upon number. Angry words ensued, followed all too soon by blows, and in the course of the affray Remus was killed. …

This, then, was how Romulus obtained the sole power. The newly built city was called by its founder’s name.

Extracts from Livy, History of Rome, 1.4–6